



Northern Ireland Charity No: NIC105492
Company No: NI632897

Impact Card

2022-23

A MESSAGE FROM OUR CEO

An impact report is a way for organizations to communicate the issues they are trying to improve, as well as their strategy on how they facilitated change. It measures the impact that NFPs make in people's lives, focusing on their social or environmental outcome.

OUR WHY DURING A CHALLENGING YEAR



*It's about **breaking the cycle** of poverty. You may only be able to break one in maybe ten people's cycle and actually make their life better, but **that one person makes it worthwhile** that you've changed someone's life and given them a different vision.*

- Katrina, staff member



We couldn't have done it without your generous support.

VOLUNTEER SNAPSHOT

135

volunteers engaged with LCC Community Trust

6,212

hours volunteered

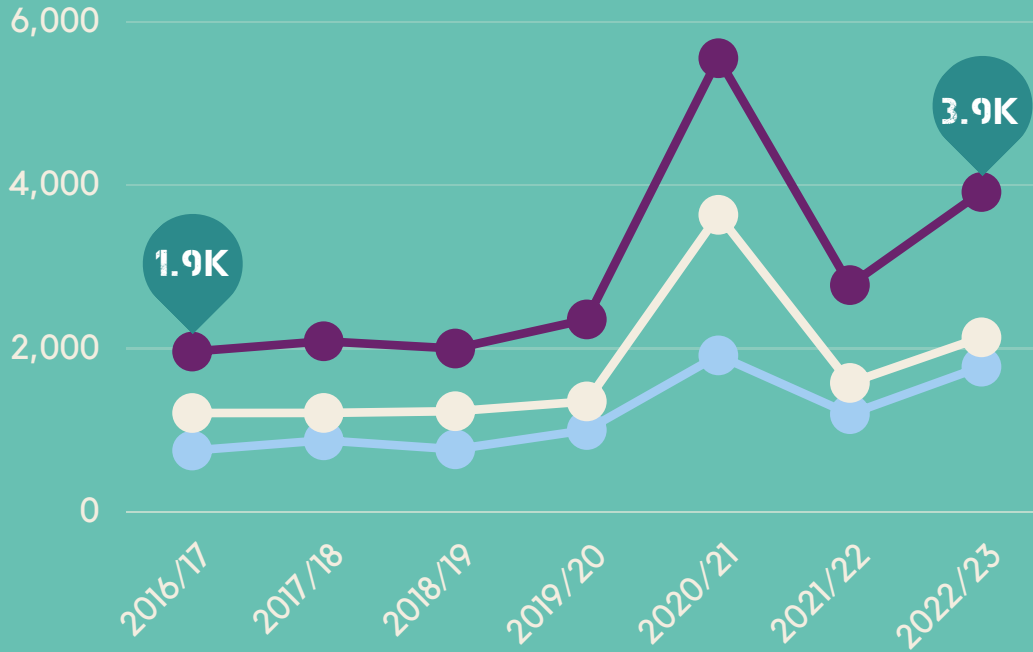
£59,014

total value of volunteer hours (based on the minimum wage of £9.50/hr)

YOUR FOOD DONATIONS TOTALLED A MASSIVE

67,644 Kg

Children Adults Foodbank Use



41%

Increase in people supported compared to 2021-22



99%

Increase in people supported since 2016-17

PROJECTS

DETAILS

IMPACT



We provide three days' nutritionally balanced emergency food and support to local people referred to us in crisis.

64,656 Kg food distributed **↑ 25% increase on 2021-22**
 159 people supported more than 3x in 6 months **↑ 156% increase on 2021-22**



lcc community trust
KICKSTART

Kickstart Social Supermarket is aimed at those struggling with Food Poverty and needing longer term support with both food and wraparound care.



229 people from 80 households supported

22,190 Kg of food surplus distributed
514 one-to-one sessions completed



Our programmes encompass so much more than food! These volunteer and community based projects are totally FREE and aim to empower positive change.

at least 164 participants attended our group activities monthly, including...

- Cookery classes (8 sessions)
- Taste and Be (12 sessions)
- 1-2-1 Coaching (21 sessions)
- Goal Setting (3 cohorts)



We have adopted WRAP as our key method of supporting individuals to maintain positive mental health. WRAP is a wellness and recovery system rooted in self-determination.



6 cohorts went through WRAP
5 staff trained as facilitators
26 people completed the course

77% participants showed a positive increase in their mental wellbeing